

Sri Lankan Cabbage with Potato Curry

INGREDIENTS

- 300g cabbage
- 1 potato
- 1/4 large red onion sliced
- 4 garlic cloves thinly sliced
- 3 green chili sliced
- 1 sprig curry leaves
- 1/4 pandan leaf
- 1 1/2 tsp Sri Lankan curry powder
- 1/3 tsp turmeric

- 1 cinnamon stick
- 1/3 tsp fenugreek
- 1/2 tsp chili powder
- Salt
- 1 tsp maldive fish flakes
- Water
- 200ml coconut milk / 100ml coconut cream + water



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Sri Lankan Cabbage with Potato Curry

METHOD

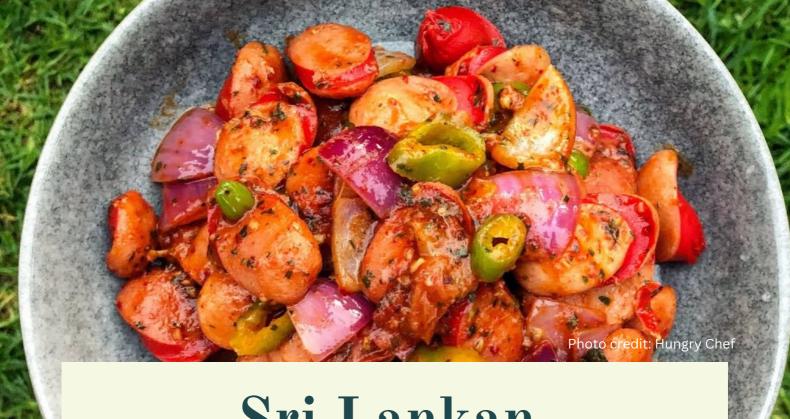
- 1. Start by cutting the cabbage to thin strips, peel and cut the potatoes to roughly 1/2 inch portions. Transfer to a cooking pot.
- 2. Thinly slice onions, garlic and green chilli and add to the pot.
- 3. Add curry leaves, pandan leaves, curry powder, turmeric, cinnamon stick, fenugreek, chilli powder, salt to taste, Maldive fish flakes, and a splash of water.
- 4. Mix this, cover with a lid and place on a stove on medium heat.
- 5. After five minutes remove the lid, mix well and cook for 3 more minutes.
- 6. Add the coconut milk and cook for another 3 minutes to finish the curry.
- 7. Serve once the potatoes are cooked through.



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Sri Lankan Devilled Sausages

INGREDIENTS

- 500g sausages of any kind
- 1 red capsicum
- 2 banana chilli
- 2 tomatoes
- 1 large red onion
- 1 spring onion
- 1 cinnamon stick
- 2 cardamom pods
- 2 tbsp ginger
- 2 tbsp garlic paste
- 1 sprig of curry leaves

- 4 green chilli
- 2 tbsp Chili flakes
- 1 tsp curry powder
- 1 tbsp coconut oil
- Salt and pepper

SAUCE

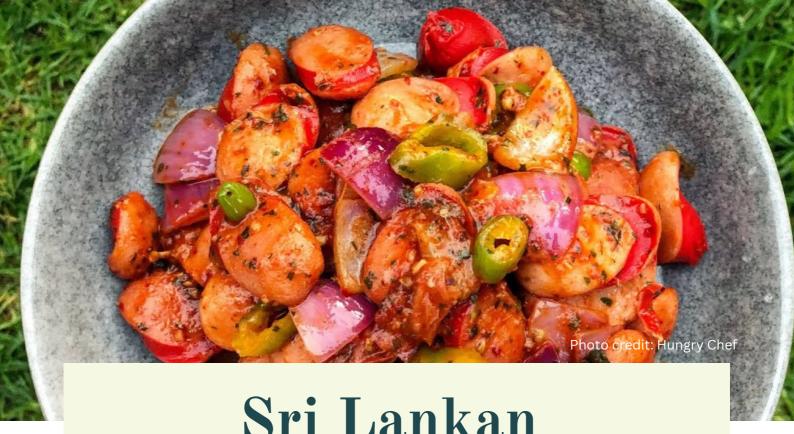
- 2 Tbsp ketchup
- 2 tbsp soy sauce
- 1.5 tbsp oyster sauce
- Salt

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Sri Lankan Devilled Sausages

METHOD

- 1. Cut the sausages into roughly 1-inch portions and pan fry until 80% cooked
- 2. In a wok, add the coconut oil. Once heated up go in with the cinnamon, cardamom, onions, ginger and garlic paste, and curry leaves. Fry for 2 minutes.
- 3. Add capsicum, banana chilli and chilli. Toss for 1 minute.
- 4. Add chilli flakes and curry powder fry for 1 more minute.
- 5. Add the fried sausages and the sauce.
- 6. Toss well to coat and serve with freshly cracked black pepper and spring onion greens.



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